

CLEAR LIQUID DIET

EXAMPLES

- 7-UP, SPRITE, SIERRA MIST, GINGER ALE, MOUNTAIN DEW.
- CLEAR BROTH, BOUILLON---CHICKEN or BEEF.
- JELLO (NO RED, PURPLE OR ORANGE)
- JUICES---APPLE, WHITE GRAPE, WHITE CRANBERRY or LEMONADE (NO JUICES WITH PULP OR THICK BASE, EXAMPLE: TOMATO, PINEAPPLE OR ORANGE).
- WATER, GATORADE (<u>NO RED, PURPLE, OR</u> <u>ORANGE</u>)
- POPSICLES (NO ORANGE, RED OR PURPLE)
- LIGHT-COLORED TEA, COFFEE NO CREAM

No Alcohol

No Milk

No Solid Foods

Any questions, please call the office at (574) 537-1625