



Gastroenterology
1615 Winsted Dr. Suite 2
Goshen, IN 46526
574-537-1625

Report to: Goshen Ambulatory Surgery Center 1605 Winsted Dr. Goshen, IN 46526
Phone: (574) 364-4730

DATE OF PROCEDURE: _____

The Surgery Center will contact you 24 to 48 hours before the procedure of details surrounding your arrival time for procedure

SUPREP BOWEL PREP INSTRUCTIONS

MEDICATIONS TO AVOID FIVE (5) DAYS PRIOR TO PROCEDURE

1. Coumadin, Plavix, Warfarin
2. Iron replacement medications (multivitamins containing iron are OK)

THE DAY BEFORE THE PROCEDURE

DATE: _____

CLEAR LIQUID DIET ALL DAY! 6PM BEGIN PREP KIT WITH INSTRUCTIONS.

PLEASE DRINK CLEAR LIQUIDS THROUGHOUT THE DAY
TO STAY HYDRATED---SEE ATTACHED CLEAR LIQUID DIET

THE DAY OF THE PROCEDURE

On the morning of your procedure, repeat prep instructions steps 1 through 4 five (5) hours before procedure time. *Continue to stay hydrated by drinking clear liquids up to 2 hours before procedure**

SPECIAL INSTRUCTIONS

1. TAKE HALF OF YOUR INSULIN DOSE THE DAY BEFORE AND THE DAY OF YOUR PROCEDURE BECAUSE YOU WILL BE CONSUMING LESS FOOD.
2. TAKE BLOOD PRESSURE, SEIZURE, OR HEART MEDICATIONS THE MORNING OF YOUR PROCEDURE WITH SIPS OF WATER.
3. ALL PATIENTS MUST BE ACCOMPANIED BY A FAMILY MEMBER OR FRIEND TO DRIVE THEM HOME. **NO BUS SERVICE OR TAXIS WILL BE ALLOWED**